

E-waste's composition includes old electronics that people throw away, like cell phones, computers, TVs, printers, and many other consumer and industrial devices. Heavy metals like lead, mercury, cadmium, and halogenated organics like brominated flame retardants are just a few of the dangerous chemicals that are known as toxic and persistent pollutants that can be found in many of these products (Fig. 2). Pollution of the environment due to the indiscriminate release of these chemicals into ecosystems can be very bad for the environment. The metal lead is detrimental to the development of the brain in children, while cadmium builds up in the kidneys and damages these organs over time. Mercury can be biomagnified and accumulates in fish, where it enters the food chain for humans, leading to disasters like the Minamata disease [2].

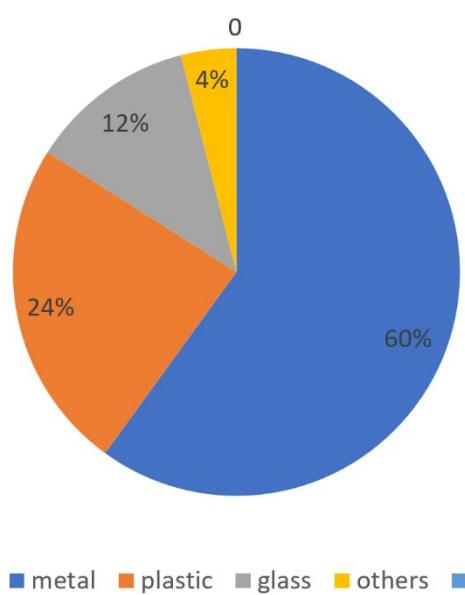


Fig. 2. Material composition of e-waste. Metals constitute the largest fraction at 60 percent, followed by plastics at 24 percent, glass at 12 percent, and other materials at 4 percent. Percentages are by mass.

Incorrect handling of e-waste, such as when it is thrown away in landfills, burned, or recycled informally through unregulated methods, results in these toxic substances seeping into soil, air, and water systems, causing long-term pollution. Dangers to public health can occur, for example, communities near informal recycling sites often report more cases of respiratory illnesses, skin disorders, congenital disabilities, and cancer, especially among vulnerable groups like children and waste workers [3]. Hence, e-waste is not only hazardous for the environment, but it is also a big problem for social justice and worker health.

In fact, e-waste recycling has big benefits for the climate as well as the dangers of pollution. Almost all electronic devices are made of metals and rare elements that are hard to mine and refine, and require significant energy to mine and refine. Indeed, countries can lessen their reliance on extracting primary raw materials, which is a major source of greenhouse gas emissions (GHGs) around the world, by using formal recycling systems to recover these materials. As an example, making 1 ton of new aluminum can release up to 17 tons of CO₂, but the recycling process results in the release of a small amount of that. In fact, it takes a lot less energy to extract gold from electronics than it does

to mine it from the ground in the usual way [4]. Hence, managing e-waste is definitely a strategic way to work toward both pollution control and climate change mitigation goals at the same time. A well-known comprehensive and sustainable methodology for e-waste management includes strategies such as the use of Lifecycle Assessment (LCA), Extended Producer Responsibility (EPR), and the implementation of eco-friendly treatment technologies that diminish both hazardous emissions and carbon footprints. This review examines the complex interplay between e-waste recycling and environmental sustainability, emphasizing the role of innovative policies, circular economy frameworks, and technological progress in facilitating pollution reduction and carbon emission mitigation.

The Environmental and Health Hazards of Inadequate E-Waste Disposal

The improper disposal and handling of e-waste, especially in low- and middle-income countries, frequently leads to unsafe recycling methods like open burning, acid leaching, and manual dismantling without safety gear [5]. As a result of these activities, toxic chemicals such as dioxins, furans, heavy metals, and other persistent organic pollutants (POPs) are released into the air, which is hazardous for the health of people who live nearby [6]. Investigations carried out in Guiyu, China, a major e-waste disposal site, indicated concerning concentrations of lead in children's blood, alongside DNA damage and respiratory illnesses among the workers [7]. Toxic metals from e-waste processing get into the air or groundwater, where they accumulate in human tissues through bioamplification. Mercury, originating from LCD screens and fluorescent bulbs, is bad for the brain, and cadmium from disposed batteries can damage the liver and kidneys [8]. The inappropriate disposal of flame retardants, such as polybrominated diphenyl ethers (PBDEs), has been associated with endocrine disruption and developmental toxicity [9].

The Hidden Emissions of E-Waste and Its Carbon Footprint

It is estimated that the carbon footprint of electronics comes from more than just their use; it also comes from their production and disposal. A higher carbon footprint comes from the mining of raw materials for electronic parts like lithium, cobalt, and tantalum, which requires a lot of energy and causes a lot of CO₂ emissions and deforestation [10]. To reiterate, the production of 1 ton of virgin aluminum, which is used to make electronics cases, can release up to 17 tons of CO₂, while the recycling of aluminum from e-waste releases a fraction of the amount, with a release of 0.5 tons of CO₂ for every ton of material utilized [11]. This is demonstrated in a study from China in 2020 that used directional distance function models and discovered that formal e-waste recycling systems can cut greenhouse gas emissions by up to 75% compared to traditional ways [12]. Furthermore, the recycling of copper, gold, and other precious metals saves a lot of energy: recycling gold uses less than 5% of the energy needed to mine it [13].

Lifecycle Assessment (LCA): Putting a number on sustainability

The modern definition of the Lifecycle Assessment (LCA) is a process that looks at all the components that affect the environment from start to finish. LCA analyzes the emissions and pollutants produced during all stages of electronics production, which include obtaining raw materials, manufacturing them, shipping them, using them, and disposing of them [14]. Many researchers are now using LCA to determine which recycling methods for e-waste are best for the environment. A comparative evaluation of the life cycle assessment (LCA) of smartphone production revealed that production was responsible for 85% of

total greenhouse gas (GHG) emissions, while the end-of-life treatment contributed less than 5% [15]. The process of recycling, on the other hand, greatly reduced the environmental impact through recovering strategic metals and cutting down on the need for high-emission primary extraction [16]. According to the United Nations University, a think tank and academic arm of the United Nations, raising the rate of e-waste collection from 20% to 60% could cut CO₂ emissions by 15 million tons a year [17]. Hence, for climate-smart waste management, it's important to include LCA in recycling plans.

Extended Producer Responsibility (EPR): A Policy for Responsibility

One of the newest environmental policy instruments is the Extended Producer Responsibility EPR. This policy requires manufacturers and importers to assume a major aspect of the financial and operational responsibility for their products and packaging at end-of-life, which includes take-back, collection, sorting, recycling, and safe disposal of their products. This reassures eco-design, repairability, and recyclability [18].

Championing countries include Japan, Germany, and South Korea, and have had EPR programs for a very long time that make producers pay for e-waste collection and recycling programs [19]. A published 2018 review shows that EU recycling systems run by EPR have handled of up to 50% more e-waste than those that EPR does not run. This policy also helped countries meet their goals for cutting emissions [20]. This policy also spurs new ideas, as companies make electronics that are modular and easy to take apart, which eventually can lower the costs and emissions of recycling [21].

New technologies for processing e-waste

New technologies are changing the way electronic waste (e-waste) is recycled by making it easier to recover materials. This makes the process safer for handling hazardous materials with a lesser impact on the environment. These newer designs are essential to connect traditional recycling methods with the needs of a low-carbon, circular economy. The advancement of Artificial intelligence (AI) and advanced optical sensors in automated sorting systems has greatly sped up and improved the accuracy of separating recycled materials. These systems differentiate between materials such as plastics, metals, and other parts, which increases recovery rates and keeps people from coming into contact with toxic materials [22]. Biological-based methods, including bioleaching, which is a safe and cheap way to extract valuable metals like copper, gold, and nickel from rocks, are increasingly being utilized globally.

It uses acid-resistant metal-biotransforming bacteria and fungi. Bioleaching is especially good for breaking down complicated and low-quality e-waste parts without making any harmful byproducts [23]. New technologies, including thermal desorption and pyrolysis techniques, have improved the recovery of materials from plastics and printed circuit boards (PCBs). These processes use heat to break down polymers and make it possible to recover metals while keeping toxic emissions in check [24]. Technologies such as plasma arc smelting or cryogenic separation are replacing open burning because they don't release as many persistent organic pollutants (POPs) and volatile heavy metals. This makes recycling ecosystems cleaner and safer [25,26].

Best Practices and Case Studies from Around the World

Countries like Sweden have a collection rate of more than 60% for e-waste thanks to strong laws, public-private partnerships, and the rise of awareness among consumers [27]. In South Korea,

the K-Eco program has both centralized collection centers and a digital tracking system, ensuring that everything is clear and follows the rules [28]. The 2016 E-Waste (Management) Rules in India are a step to make formal recyclers follow certain rules and regulations. Despite this, informal processing is still a problem [29]. Newer models, such as the Collaborative models, including the Producer Responsibility Organizations (PROs) and Material Recovery Facilities (MRFs), have shown potential for enhancing recycling and pollution mitigation efforts.

Health Effects of the Informal Sector

Globally, numerous informal recycling sectors handle a lot of e-waste, especially in India, Nigeria, Ghana, and China. In these settings, crude methods are often used by workers that include open-air burning or acid baths to leach metals out of printed circuit boards and wiring. Health issues are common since workers do not always wear protective gear [12]. These hazardous and illegal processes release persistent organic pollutants (POPs) and fine particulate matter that have caused respiratory diseases, skin problems, and a led to higher cancer risk [13].

All over the world, Agbogbloshie, Ghana, is one of the world's most well-known e-waste dumpsites. Numerous studies have shown that the soil, air, and water around this site have very high levels of heavy metals and polychlorinated biphenyls (PCBs) [14]. Medical examination in children and workers in the area shows elevated levels of lead and mercury, much higher than the safe limit set by the World Health Organization [15]. These detrimental health effects have shown that it is important to make recycling systems more recognised and enhance pollution control technologies.

Disparities in Policy and International Relations

It is known that even though people are becoming more aware, the issue of global e-waste governance is still not handled properly. As of 2020, only 78 countries had laws about e-waste, which constitutes only 66% of the world's population. This has made following and enforcing these laws a problem [16]. The movements of e-waste, often known as transboundary movement, disguise e-waste as used electronics, and has continued to put low- and middle-income countries that receive this waste at risk [17]. This is why the newly formulated Basel Convention on the Control of Transboundary Movements of Hazardous Wastes is becoming very important, with the caveat that loopholes exist, which consider e-waste dumping" under the guise of reuse [18]. Both the Basel Ban Amendment and the EU's WEEE Directive are important steps forward, but there is still not enough agreement between countries.

The Importance of Public Awareness and Changing Behavior

Formation of policy alone is not enough, and consumers need to be involved. Numerous studies have indicated that a minimal percentage of households return e-waste to formal channels, primarily due to unawareness, data privacy issues, or logistical challenges [19]. In the EU, where it is known that more than 50% of people formally collect waste, the success is partly due to incentive programs from authorities, easy-to-use collection systems, and strong awareness campaigns [20].

There is a need for educational programs, especially for young people in school and for small and medium enterprises to adopt recycling technologies, and this movement has a ripple effect. For instance, Switzerland's popular Sens eRecycling program has run targeted campaigns that have led to some of the highest e-waste collection rates per person in the world [21].

The Circular Economy: Economic Opportunities

Business owners need to realize that the recycling e-waste process is not only good for the environment, but it is also a trillion-dollar business. For instance, in 2019, the value of global e-waste as a raw material was thought to be \$57 billion USD, but only 17% of this value was officially recovered [22]. By building more recycling facilities, more jobs can be created, ease the strain on mining industries, and lessen our reliance on important raw materials that come from areas with unstable politics [23]. This urban mining movement is the process of extracting metals from old electronics. This process is cheaper and better for the environment than traditional mining [24]. These financial incentives are hoped to make it even more important to include circular economy models in the framing of national policy frameworks.

Innovations in Eco-Design and Design for Environment (DfE)

Design for the Environment DfE and eco-design principles have given us a clear way to make electronics less harmful to the environment. The design incorporates modular architectures that make it easier for the finished product to be taken apart and standardized fasteners that can facilitate quick repairs. The design also warrants the replacement of dangerous chemicals, like brominated flame retardants and PVC, with greener ones [25]. The Fairphone and Framework's commercial uses have shown that modular phones and laptops can indeed last longer, be easier to fix, and be easier to recycle at the end of their lives, which has lowered the emissions associated with material recovery [26]. Methods, including the closed-loop supply chains, that place recovered metals back into new devices can also greatly reduce the environmental effects of manufacturing. Globally recognized companies, like Apple and Dell, are testing these methods and have promised to use only recycled rare-earth elements in some of their products [27].

Green Technologies: Research and Development

Green technologies Research and development (R&D) is very important for improving how we sustainably handle electronic waste (e-waste). Newer methods are being developed to make metal recovery and waste treatment safer, cleaner, and more efficient because traditional methods have often used dangerous chemicals or processes that have used a lot of energy. One of the breakthrough technologies is the supercritical fluid extraction, which uses supercritical CO₂ as a solvent to extract rare earth elements (REEs) out of e-waste. There is no use of harmful chemicals, making it a low-emission option for the recovery of important materials with minimal impact on the environment [28].

Another promising method is the Microwave-assisted pyrolysis that uses high-frequency electromagnetic waves to break down plastic parts of e-waste, including casings and cable coatings, using heat. This method produces the basic elements and produces fewer dioxins and furans, which are common chemicals produced in traditional burning methods [29]. Another promising method is Electrochemical separation, which separates complex metal alloys from printed circuit boards (PCBs). In the electrochemical processes, the conditions require room temperature, and there is no need for dangerous solvents, unlike acid leaching. This has made electrochemical processes great for environmentally friendly metal extraction and closed-loop recycling systems [30]. Effective recycling of electronic waste (e-waste) and pollution control measures can be very important for reaching the combined goals of lowering pollution and cutting down on carbon emissions. As the amount of e-waste generated

around the world increases, it is important to focus on recycling e-waste and taking steps to reduce pollution to deal with the environmental problems that come from improper disposal of electronic devices. Recycling waste not only gets back useful materials, but it also cuts down on the need for new raw materials, which helps protect natural resources and lowers greenhouse gas emissions. Also, taking steps to control pollution can lessen the negative impacts of pollutants that can pollute the air, soil, and water and harm both people and the environment. Manufacturers can be encouraged to adopt greener practices by using eco-design principles in the making of electronic devices and by putting Extended Producer Responsibility (EPR) programs into place. This will lead to better recycling rates and lower carbon emissions [31].

To recycle e-waste and control pollution effectively, various strategies and technologies need to be used all along the e-waste value chain, from collecting and moving it to processing and disposal. Using cutting-edge sorting technologies and new ways to safely handle hazardous materials can make e-waste recycling and pollution control measures more effective and efficient. In general, recycling e-waste and controlling pollution are both very important for reaching the combined goals of reducing pollution and lowering carbon emissions. These steps can help create a more circular and sustainable economy while also dealing with the urgent environmental problems caused by e-waste. We need to make these efforts a top priority and work together to make sure that future generations have a cleaner, safer, and more sustainable world. Along with the strategies and technologies discussed earlier, it is also important to think about how raising awareness and education can help with pollution control and effective e-waste recycling [32,33].

Public education campaigns can help people understand the importance of disposing of e-waste properly and the negative impact it has on people's health and the environment when not handled properly. We can get people to adopt more environmentally friendly habits and help make the world a cleaner, greener place by teaching them and their communities about the benefits of recycling e-waste and the dangers of improper disposal. Also, it's important to understand how e-waste recycling and pollution control can help social and economic growth. Setting up local e-waste recycling centers can create jobs and help build a circular economy that is good for the environment and the economy.

This can also lessen the need for countries to send e-waste to developing countries, which can be bad for people's health and the environment. Lastly, it's important to remember that recycling e-waste and controlling pollution are not the only ways to lower pollution and carbon emissions. These efforts need to be part of a bigger plan of action and policies that work toward sustainability goals. For instance, lowering energy use and encouraging the use of renewable energy sources can help lower carbon emissions and make the future more sustainable. We can work toward a better future for everyone by using a variety of strategies that work well together.

CONCLUSION

One of the biggest problems for the environment and public health in the 21st century is E-waste, or electronic waste. E-waste is rapidly being produced at an accelerated rate, driven by shorter product lifecycles and a greater reliance on digital technology. This has made E-waste a major pollutant. This review demonstrates that e-waste is also a stream of valuable resources that, if handled properly, can help reduce pollution and carbon

emissions. The process of recycling can reduce the need for energy-intensive mining by recovering valuable metals like copper, gold, and rare earth elements. In addition, recycling also lowers overall carbon footprints. In order to reach these two goals, a composite method is warranted. Nowadays, the recycling processes are safer and more efficient thanks to new technologies like automated sorting, bioleaching, and electrochemical recovery. Newer Policy tools, especially Extended Producer Responsibility (EPR), can make manufacturers responsible and encourage eco-design for long-lasting and recyclable products. Furthermore, the integration of Lifecycle Assessments (LCA) at the same time can help to find low-impact ways to do things and improve recycling systems. Social aspects are becoming more important to create awareness. For example, public education campaigns and awareness programs encourage responsible consumer behavior, and the formalization of recycling sectors creates jobs and promotes the principles of a circular economy. To conclude, managing e-waste needs to be part of a comprehensive strategy for a sustainable approach that also includes using renewable energy and being more efficient with resources. Through the combination of innovation and accountability first, societies can turn e-waste from a problem into a chance to build a cleaner, greener, and stronger future.

REFERENCES

1. Forti V, Balde CP, Kuehr R, Bel G. The Global E-waste Monitor 2020. United Nations University, 2020.
2. Ghosh BK, Mekhilef S, Ahmad S, Ghosh SK. A review on global emissions by E-products based waste. *Sustainability*. 2022;14(7):4036.
3. Fawole AA, Orikpeta OF, Ehiobu NN, Ewim DR. Climate change implications of electronic waste: strategies for sustainable management. *Bull Natl Res Cent*. 2023 Oct 13;47(1):147.
4. Seif R, Salem FZ, Allam NK. E-waste recycled materials as efficient catalysts for renewable energy technologies and better environmental sustainability. *Environ Dev Sustain*. 2023. 18:1.
5. Yang H, Zhang S, Ye W, et al. Emission reduction benefits of e-waste recycling in China. *Waste Manag*. 2020.
6. Patra C, Nath A. Green computing-new paradigm of energy efficiency and e-waste minimization-a pilot study on current trends. *Int J Adv Res Comput Sci Manag Stud*. 2014 Nov;2(11)
7. Debnath B, Chowdhury R, Ghosh SK. Sustainability of metal recovery from E-waste. *Front Environ Sci Eng*. 2018 Dec;12(6):2.
8. Ning C, Lin CS, Hui DC, McKay G. Waste printed circuit board (PCB) recycling techniques. *Chem Chem Technol Waste Valorization*. 2017 Mar 28:21-56.
9. Debnath B, Chowdhury R, Ghosh SK. Sustainability of metal recovery. *Front Environ Sci Eng*. 2018;12(5):13.
10. Wang J, He YQ, Feng Y. Analysis and prediction on carbon emissions from electrical and electronic equipment industry in China. *Environ Impact Assess Rev*. 2024 May 1;106:107539.
11. Pandiyarajan V, Neelakantan TR. The 3R concept in waste management. *J Sustain Process*. 2022;2:255-62.
12. Oteng-Ababio M, Amankwaa EF, Chama MA. The e-waste menace in Ghana: Is there a case for formalization? *Sci Total Environ*. 2021;752:142357.
13. Brigden K, Labunskia I, Santillo D, Johnston P. Chemical contamination at e-waste recycling and disposal sites in Accra and Lagos. *Greenpeace Int*. 2008.
14. Feldt T, Fobil JN, Wittsiepe J, et al. High levels of PAHs and PCBs in soils and sediments of Agbogbloshie. *Environ Sci Pollut Res*. 2014;21:843-852.
15. Asante KA, Agusa T, Biney CA, et al. E-waste recycling in Ghana: Chemical exposure and health effects. *Sci Total Environ*. 2012;424:63-73.
16. Baldé CP, Wang F, Kuehr R, Huisman J. The Global E-Waste Monitor 2017. UNU, ITU, ISWA.
17. Lepawsky J, McNabb C. Mapping international flows of electronic waste. *Geogr J*. 2010;175(2):122-135.
18. Mihai FC, Gnoni MG, Meidiana C, Schneider P, Ezeah C, Elia V. A global outlook on the implementation of the Basel Convention and the Transboundary Movement of E-waste. In *Paradigm shift in E-waste management 2022* May 2 (pp. 49-75). CRC Press.
19. Garlapati VK. E-waste in India and developed countries: Management, recycling, and reuse. *Waste Manag Res*. 2016;34(7):573-592.
20. Chancerel P, Rotter S. Recycling-oriented characterization of small waste electrical and electronic equipment. *Waste Manage*. 2009;29(8):2336-52..
21. Wäger PA, Hischier R, Eugster M. Environmental impacts of the Swiss collection and recovery systems for Waste Electrical and Electronic Equipment (WEEE): A follow-up. *Sci Total Environ*. 2011;409(10):1746-56.
22. Baldé CP, Kuehr R, Yamamoto T, McDonald R, D'Angelo E, Althaf S, Bel G, Deubzer O, Fernandez-Cubillo E, Forti V, Gray V. Global e-waste monitor. 2024.
23. Tansel B. From electronic consumer products to e-wastes: Global outlook, waste quantities, recycling challenges. *Environ Int*. 2017;98:35-45.
24. Cucchiella F, D'Adamo I, Lenny Koh SC, Rosa P. Recycling of WEEE: An economic assessment. *J Clean Prod*. 2015;90:38-48.
25. Bovea MD, Pérez-Belis V. A taxonomy of ecodesign tools for integrating environmental requirements into product design. *J Clean Prod*. 2012;20(1):61-71.
26. Schischke K, Proske M, Nissen NF, Lang KD. Modular products: Smartphone design from a circular economy perspective. In *2016 Electronics Goes Green (EGG) 2016* Sep 6 (pp. 1-8). IEEE.
27. Cui C. A Three-Dimensional Discourse Analysis of SDGs Reports and Apple's Environmental Progress Reports: A Corpus-Based Study. In *3rd International Conference on Culture, Design and Social Development (CDS 2023)* 2024 Mar 26 (pp. 229-234). Atlantis Press.
28. Akcil A, Erust C, Gahan CS, et al. Precious metal recovery from e-waste: A review of chemical and biological processes. *Waste Manag*. 2015;45:258-271.
29. Joo J, Kwon EE, Lee J. Achievements in pyrolysis process in E-waste management sector. *Environ Poll*. 2021; 287:117621.
30. Rai V, Liu D, Xia D, Jayaraman Y, Gabriel JC. Electrochemical approaches for the recovery of metals from electronic waste: A critical review. *Recycling*. 2021 Aug 9;6(3):53.
31. Lifset R, Kalimo H, Jukka A, Kautto P, Miettinen M. Restoring the incentives for eco-design in extended producer responsibility: The challenges for eco-modulation. *Waste Manag*. 2023 Aug 1;168:189-201.
32. Goyal S, Gupta S. A comprehensive review of current techniques, issues, and technological advancements in sustainable E-waste management. *Environ Adv*. 2024;9:100433.
33. Hsu E, Barmak K, West AC, Park AHA. Advancements in the treatment and processing of electronic waste with sustainability: a review of metal extraction and recovery technologies. *Green Chem*. 2019;21(5):919-936.